

CURRY COLLEGE

Office of Disability Services

Documentation Guidelines for Food Allergies and Gluten Intolerance

Students requesting services from the Office of Disability Services at Curry College are required to submit documentation to determine eligibility in accordance with Section 504 of the Rehabilitation Act of 1973, as amended, and the Americans with Disabilities Act of 1990, as amended. The following guidelines are provided in the interest of assuring that documentation is complete and accurate. The Office of Disability Services reserves the right to determine eligibility and appropriate services based on the quality, recency, and completeness of the documentation submitted.

General Guidelines for Documentation

The following guidelines are provided to assist the Office of Disability Services in collaborating with each student to determine appropriate accommodations and services. Documentation serves as a foundation that legitimizes a student's request for appropriate accommodations and services.

- The evaluation must be performed by a healthcare professional that is certified and/or licensed as an allergist, gastroenterologist, primary care physician (PCP), Nurse Practitioner, or Physician Assistant. The evaluator's name, title, and professional credentials and affiliation must be provided.
- Documentation must be printed on official letterhead and signed by the credentialed professional.
- Documentation must be submitted by a qualified practitioner who is not a family member of the student and is currently treating the student for the food allergies and/or gluten intolerance.
- Reasonable accommodations are determined based on the nature of the food allergies and/or gluten intolerance.

Documentation regarding a student's allergies must include the following information:

- Statement of diagnosis(es);
- Date and/or age of onset of food allergies and/or gluten intolerance;
- Description of the nature and severity of the food allergy symptoms;
- List of the specific allergens;
- Discussion of any previous exacerbations which have required immediate treatment (including any hospitalizations);
- List of current medication(s), including dosage(s) and frequency (including use of EpiPen);
- Description of any adverse side effects due to medications (if applicable);
- Specific recommendations for accommodations, based on the student's food allergies and/or gluten intolerance.