

Four Year Career Competency Model

	First Year	Sophomore	Junior	Senior
Understanding Yourself	<ul style="list-style-type: none"> • Take Curry Launch • Explore careers & majors 	<ul style="list-style-type: none"> • Select a major • Identify top fields of interest/ position titles 	<ul style="list-style-type: none"> • Research top fields of interest/ positions • Research graduate schools • Begin setting career goals 	<ul style="list-style-type: none"> • Identify top field of interest/ position title • Finalize career goals
	Complete Online Assessments/Career Inventories			
Presenting Yourself	<ul style="list-style-type: none"> • Begin drafting resume • Set up Handshake profile • Create LinkedIn profile • Create ePortfolio 	<ul style="list-style-type: none"> • Begin drafting a cover letter 	<ul style="list-style-type: none"> • Ask for recommendations on LinkedIn 	<ul style="list-style-type: none"> • Know where to search for jobs
	Continue developing and updating Resume, LinkedIn Profile, and ePortfolio			
Gaining Experience	<ul style="list-style-type: none"> • Apply for on campus jobs 	<ul style="list-style-type: none"> • Begin researching and planning for internships and/or study abroad 		<ul style="list-style-type: none"> • Complete Mock Job Interviews
	Conduct Job Shadows and Informational Interviews			
	Complete Internships, On Campus or other Part Time Jobs, Practicums, Field Placements, and Clinicals			
	Attend the Career Conference and the Career & Internship Fair			
	Participate in clubs/organizations on campus and volunteer			
Building Your Network	<ul style="list-style-type: none"> • Learn who is in your network 	<ul style="list-style-type: none"> • Talk to professors and classmates about internships 	<ul style="list-style-type: none"> • Contact Mentors • Maintain relationships established at jobs or internships 	<ul style="list-style-type: none"> • Join professional associations • Attend networking events
	Continue Making Connections, and Following Groups and Companies through LinkedIn			